


# Elementary Lunch Menu

Monday Tuesday Wednesday Thursday Friday

				<p>1 Cheezy Nachos Refried Beans Salsa Molcajete Verde Apple Slices Mango Peach Applesauce Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>
<p>4 Shredded Beef Soft Tacos Refried Beans Fresh Salsa Salad Bar Sweet Strawberry Cups Tasty Peaches Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>5 Ham &amp; Cheese on Whole Grain Nacho Doritos Salad Bar Low Cal Ranch Dressing Delicious Mixed Fruit Fresh Orange Wedges Mayonnaise Packets Mustard: individual Non Fat Chocolate Milk Milk 1% Non-Fat Milk</p>	<p>6 Chili Con Carne w/Beans Pan Baked Cornbread Broccoli Trees Low Cal Ranch Dressing Apple Slices Blue Raspberry Applesauce Non Fat Chocolate Milk Non-Fat Milk Milk 1% Dominos Cheese Pizza (based on schedule) Dominos Pepperoni Pizza (based on schedule)</p>	<p>7 Crispy Picnic Drumsticks Mashed Potatos Bright Yellow Corn Homemade Dinner Roll Apple Berry Juice Fresh Pear Low Cal Ranch Dressing Delicious Gravy Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>8 Cheezy Nachos Refried Beans Salsa Molcajete Verde Apple Slices Mango Peach Applesauce Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>
<p>11 <b>No School</b></p>	<p>12 Beefy Tacos Shredded Lettuce, Tomato Spanish Rice Sidekicks 4.4 oz frozen Salad Bar Delicious Strawberries Fresh Orange Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>13 Hot Dog Tator Tots Salad Bar Low Cal Ranch Dressing Wild Berries Side Kicks 100% juice frozen Non Fat Chocolate Milk Non-Fat Milk Milk 1% Dominos Cheese Pizza (based on schedule) Dominos Pepperoni Pizza (based on schedule)</p>	<p>14 Spaghetti &amp; Meat Sauce Cheezy Breadsticks Mixed Vegetables Fresh Cucumber Coins Fresh Pear Tasty Peaches Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>15 All Natural Diced Turkey Mashed Potatos Delicious Gravy Broccoli Trees Homemade Dinner Roll Sweet Strawberry Cups Fresh Apple Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>
<p>18 <b>No School</b></p>	<p>19 Chicken Nugget Mashed Potatos Bright Yellow Corn Delicious Gravy Homemade Dinner Roll Mandarin Oranges, Cup Fresh Pear Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1% Ketchup Packet</p>	<p>20 Beefy Macaroni Cheesy Cheese Wheel Mixed Vegetables Salad Bar Delicious Strawberries Cinnamon Applesauce Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1% Dominos Cheese Pizza (based on schedule) Dominos Pepperoni Pizza (based on schedule)</p>	<p>21 Crispy Bean &amp; Cheese Burrito Seasoned Corn Shredded Lettuce, Tomato Raisels Chilled Pineapple Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>22 Cheezy Breadsticks with Marinara Sauce Mixed Vegetables Peach Popsicle Fresh Apple Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>
<p>25 Shredded Beef Soft Tacos Refried Beans Fresh Salsa Salad Bar Sweet Strawberry Cups Tasty Peaches Low Cal Ranch Dressing Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p>26 Ham &amp; Cheese on Whole Grain Nacho Doritos Salad Bar Low Cal Ranch Dressing Delicious Mixed Fruit Fresh Orange Wedges Mayonnaise Packets Mustard: individual Non Fat Chocolate Milk Milk 1% Non-Fat Milk</p>	<p>27 Chili Con Carne w/Beans Pan Baked Cornbread Broccoli Trees Low Cal Ranch Dressing Apple Slices Blue Raspberry Applesauce Non Fat Chocolate Milk Non-Fat Milk Milk 1% Dominos Cheese Pizza (based on schedule) Dominos Pepperoni Pizza (based on schedule)</p>	<p>28 Crispy Picnic Drumsticks Mashed Potatos Bright Yellow Corn Homemade Dinner Roll Apple Berry Juice Fresh Pear Low Cal Ranch Dressing Delicious Gravy Non Fat Chocolate Milk Non-Fat Milk Milk 1%</p>	<p><b>MENU SUBJECT TO CHANGE</b></p>

*Happy Valentine's day*

\*\*\* Grains served by CVUSD are whole grain-rich foods; containing at least 50% whole grains.